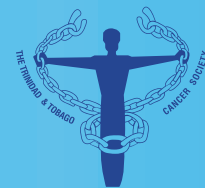
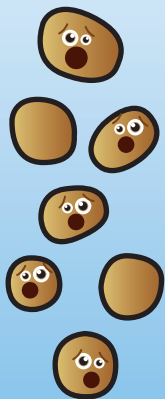


# THE BRISTOL STOOL CHART



## Type 1



### SEVERE CONSTIPATION

Separate hard lumps, like nuts, (hard to pass)

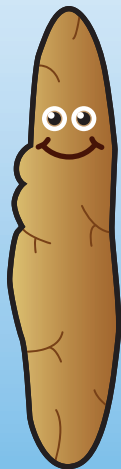
## Type 2



### MILD CONSTIPATION

Lumpy, sausage-shaped

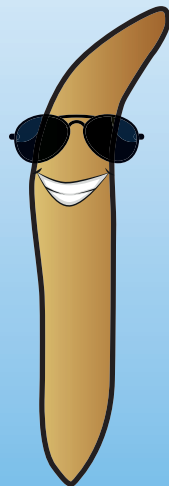
## Type 3



### NORMAL

Sausage-shaped with cracks on the surface

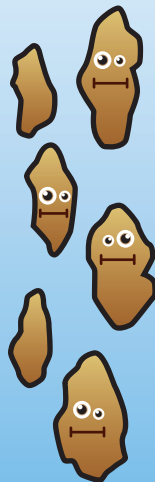
## Type 4



### NORMAL

Like a smooth soft sausage or snake

## Type 5



### LACKING FIBRE

Soft blobs with clear-cut edges (passed easily)

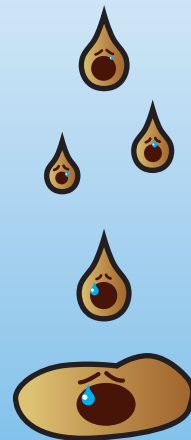
## Type 6



### MILD DIARRHEA

Mushy/fluffy consistency with ragged edges

## Type 7



### SEVERE DIARRHEA

Liquid consistency with no solid pieces